

# **Membership conditions for membership in Rapida**

The conditions apply to membership and drop-in hours at fitness centers in the Rapida chain. The conditions apply to purchases over the internet and purchases at a Rapida-center.

## **Payment terms**

1. When registering, the following must be paid by the due date:
  - a. Registration fee
  - b. Training fee for remaining time in the current month
  - c. Training fee for the following month
2. Membership in Rapida is an ongoing contractual relationship, regardless of the commitment period.
3. Membership is active from and including the day you register/purchase, unless otherwise specifically agreed.
4. Training fee is deducted once per month, and payment is in advance.
5. Monthly fee from and including month 3 must be paid via AvtaleGiro unless otherwise agreed. If AvtaleGiro is not activated no later than 2 weeks after registration, there is a risk that the invoice will be sent via ordinary post. The billing fee then comes in addition to the agreed monthly training fee.
6. In the event of non-payment, an external collection agency will take over the claim
7. In case of non-payment, access to Rapida will be closed, this happens automatically 60 days after the due date. If access is closed, the membership runs as normal and the agreed monthly training fee must be paid, even if access to Rapida is temporarily closed. Blocked access is automatically lifted when the membership is up to date.
8. Prices can be changed with 30 days' notice. Price changes cannot take place for members who are within the lock-in period. If the price changes while the membership is in the lock-in period, the price will automatically be adjusted to the current price after the lock-in period expires. A price change beyond CPI regulation will be notified at [www.rapida.no](http://www.rapida.no)
9. Rapida can, without prior notice, index-regulate the prices corresponding to the development in the CPI, but still limited to 3% per year



## General terms

1. In order to be a member of Rapida, it is required that you turn 16 in the current year.
2. The member must be physically and mentally fit to benefit from the offer at Rapida
3. It is mutually agreed that all training takes place at your own risk. Rapida disclaims any responsibility for loss and damage to persons and/or objects that occur during/after a stay at the centre. It is specified that this also applies to personal clothing and/or other possessions
4. The member must ensure that Rapida has up-to-date personal information. The following personal information must be updated at all times:
  - a. First name and Surname
  - b. Address
  - c. Postal code
  - d. Telephone
  - e. Email

Rapida disclaims any responsibility for errors in the personal data you have registered

5. The use of preparations listed as illegal on the current Anti-Doping list is prohibited
6. Membership is private and cannot be transferred or used by others
7. Access token, mobile app or anything else that gives access to Rapida is private and must not be used by anyone other than the member himself. The member has no permission to use his private access to admit others. Violations will result in a fee of NOK 5,500.
8. In the event of loss of an access token, mobile app or anything else that gives access to Rapida, the member must immediately notify Rapida so that access is blocked. The member must pay for a new access token in accordance with current price list if this has to be exchanged or replaced.
9. In case of violation of membership conditions, the center can expel the member immediately, as well as bring the membership to an end with immediate effect without refunding the paid training fee
10. Rapida reserves the right to change the training offered at each centre
11. Rapida has the right to change the membership conditions. If the changes are of some importance to the member, or to the member's disadvantage, Rapida must notify the member before the changes take effect.
12. Rapida is not responsible for obstruction or limitation of training opportunities, due to circumstances beyond Rapida's control and the consequences of which Rapida could not foresee or overcome (Force Majeure).



## **Order and well-being rules**

It is very important to us that all members feel comfortable at our centres. That is why we have set up some simple rules of order and well-being that should contribute to increased order and well-being.

1. We have many visitors to our centres. It is therefore important that shoes are placed in the shoe racks when you arrive at the centre
2. Be kind and fair to everyone who stays in the centre
3. Remember to wash the equipment you have used well so that it is clean and ready for use by others
4. Throw rubbish and paper in the bins
5. Always train in clean, odor-free clothes. Pay close attention to cleanliness and body hygiene
6. Encourage others to use the equipment when you have a break
7. Photography or filming of other members or employees is not permitted without explicit permission. Photography or filming in the dressing room when other members are at the venue is strictly prohibited.

## **Termination and termination of membership**

1. Membership must be terminated in writing by e-mail to the address [post@rapida.no](mailto:post@rapida.no). The notice of termination must include your name and telephone number.
2. Memberships that are within the lock-in period cannot be terminated before the lock-in period has expired.
3. Membership without a commitment period can be terminated at any time, subject to the notice period
4. The notice period is one month, and applies from the first of the following month after the notice is delivered.



5. Termination of membership is only considered valid after you have received confirmation from Rapida

### **Change of membership**

1. Membership can be frozen for up to two months per year. If your membership is in a lock-in period, the lock-in period will be extended corresponding to the freezing period.
2. Upgrading membership can be done at any time during the membership period, the upgrade takes effect immediately.
3. Downgrading of membership can only be done outside the binding period, and takes effect after the end of the following month.

### **Right of withdrawal and withdrawal period**

You have the right to cancel the membership agreement by giving written notice to Rapida within 14 days of entering into the membership agreement. This only applies if the membership is entered into outside a Rapida centre, in accordance with the right of withdrawal act

A completed right of withdrawal form will be sent when you buy membership



# ***Right of withdrawal form***

when purchasing goods and services that are not financial services

Rapida Trening AS  
Notveien 17  
8013 Bodø  
Telefon: 755 80000  
E-post: post@rapida.no  
Orgnr: 911821087

I/we hereby notify that I/we wish to withdraw from my/our agreement for the purchase of the following:

- Goods (Specify on the lines below)
- Services (Specify on the lines below)

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The agreement was concluded: \_\_\_\_\_

The goods were received: \_\_\_\_\_

The consumer's name: \_\_\_\_\_

The consumer's address: \_\_\_\_\_

Date: \_\_\_\_\_

The consumer's signature: \_\_\_\_\_

